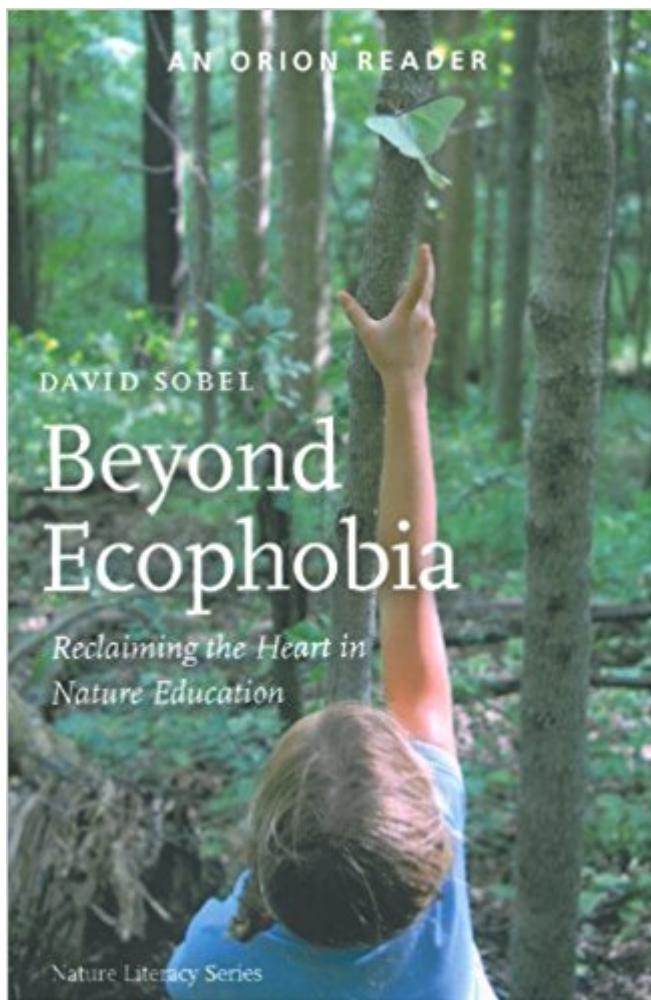


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# Beyond Ecophobia: Reclaiming The Heart In Nature Education (Nature Literacy Series, Vol. 1)



## **Synopsis**

Beyond Ecophobia speaks to teachers, parents, and others interested in nurturing in children the ability to understand and care deeply for nature from an early age. This expanded version of one of Orion's most popular articles includes descriptions of developmentally appropriate environmental education activities and a list of related children's books.

## **Book Information**

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## **Customer Reviews**

David Sobel is a senior faculty member in the education department at Antioch University New England in Keene, New Hampshire. He consults and speaks widely on child development and place-based education for schools, environmental organizations, and the National Park Services. He has authored seven books and more than sixty articles focused on children and nature for educators, parents, environmentalists and school administrators.

It's always interesting to me to see how sanitized, isolated, and insulated people have become over the last few years. Very few children really have the chance to get out into the dirt, the trees, the ponds, or the world outside of their organized activities. This book speaks to the need for people to get back to flipping over rocks to see who lives underneath them, to walk around a pond and watch the frogs jump, or to poke around in a mud puddle and see what pops up. This is an excellent companion to "Last Child in the Woods". and "Into the Field".

This book is by environmental educator, David Sobel. He spells out the "tidy" ways that teachers teach environmental education which sometimes develops "ecophobia" or a fear of nature in our students. He discusses the importance of "initiating experiences in nature" for students, age 5-12 years. This book both confirmed my beliefs and changed the way I teach science. It is a quick read and you won't want to put it down. It is a gift I have given all my teacher friends.

I honestly had no idea what this book was going to be about and it turns out that it will be an inspiration in how I create my own classroom in the future. It also gave the epiphany that thinking outside the box in creating a classroom is possible with little to no funds!

I love LOVE this book. Being outdoors is a simple pleasure. This book hammers the point home- where as I changed my backyard around to meet my children's outdoor needs. Outdoor play enhances child development. Children can label, classify and experiment with the elements of nature. The wonderment simply never ends. I see nature as one of a child's sixth sense. I've been a supporter of Biophilia (which is the love of the outdoors) for years and I make efforts to provide natural play areas in my own back yard. My older son is a Mud King and my younger child is the mud prince Everyday, all year round, you can find my boys sloshing, digging and creating in their custom mud pit. Ah, the life of a child...Adventures in nature peaks enthusiasms and joy -- so let kids get down and dirty where they learn, live and play. Watch the video [...] Kimberley Clayton Blaine, MA, MFT Founder, [...] Author, *Â Mommy Confidence: 8 Easy Steps to Reclaiming Balance, Motivation, and Your Inner Diva*

So happy to have this little book as part of my collection for parents to borrow. I develop programs of activities in nature for families and their young children 0-5 years called 'nutured Kids' and I think it is necessary for participants to seek more information about why we do what we do. An excellent resource that could almost have been written about my program! The philosophy is the same! Thank you, Narelle from [...]

A great book and an easy read!

Awesome book. Great environmental education class guide. Highly recommend

David Sobel is a must-read author for those interested in environmental education. Beyond

Ecophobia is short, easy to read, and crammed full of valuable insight regarding the shortcomings of the current educational system and various ways to fix it!

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